# **Program Schedule**

### **Mondays**

- TOPS 4:30pm
- Wyoming County Black Lung Association meetings at 5pm (only the second Monday of the month)

#### **Tuesdays**

• Line Dancing at 12pm

# Wednesdays

- Walking Group at 10am
- SMART Recovery at 10am

#### **Thursdays**

- GED Classes from 9:30am to 12:30pm
- Line Dancing at 12pm

## **Other Programs**

- 6-week West Virginia DUI, Safety, and Treatment Program (contact Bobby Griffith at 681-532-0009 to register)
- Self-Measured Blood Pressure Program called CHANGE (registration required)